

EFFECTIVE GROUPS WORKSHEET (rev. 2009 Wally)

Your name _____ Hr. ___ Due: _____

1. **Talk about various groups** you each have been a part of. Think of academic groups, social groups, athletic groups, familial groups, etc. Use a rather flexible definition of the word.

List some of those below.

2. **SUCCESSFUL GROUPS?** Think now only about groups that, in retrospect, you viewed as "successful"--those that were positive and productive experiences. Talk about what characteristics/elements seemed to be present in those groups which you feel contributed to their "success." What makes a group succeed?

Jot down some ideas below. Perhaps you could think of this as a recipe for making a group successful.

3. **INEFFECTIVE GROUPS?** Think now only about groups that, in retrospect, you viewed as "disastrous"--those that were neither positive nor productive experiences and which, in fact, felt like a waste of time and went nowhere in achieving group goals. Talk about what characteristics/elements seemed to be present in those groups which you feel contributed to their demise or "failure." What makes or, arguably, even guarantees the failure of a group?

Jot down some ideas below. Perhaps you could think of this as a recipe for making a group fail.

4. **IMPORTANT GROUP ROLES?** Invariably, the strength of a group depends not only on the strength of the group as a unit but also on the individual commitment, contributions, and "roles" each person plays in a group. Name 3 of the most important jobs or roles a person "plays" in a group.

ROLE:

DESCRIBE RESPONSIBILITY:

5. **GROUP GUIDELINES?** Thinking of all of this, write down a list of 5-7 important guidelines a group must follow in order for it to succeed.
List those here and explain them as thoroughly (with anecdotes) as possible.

GUIDELINE

EXPLAIN WHAT THIS MEANS
AND/OR GIVE EXAMPLES

1. _____:

2. _____:

3. _____:

4. _____:

5. _____:

6. _____:

7. _____: